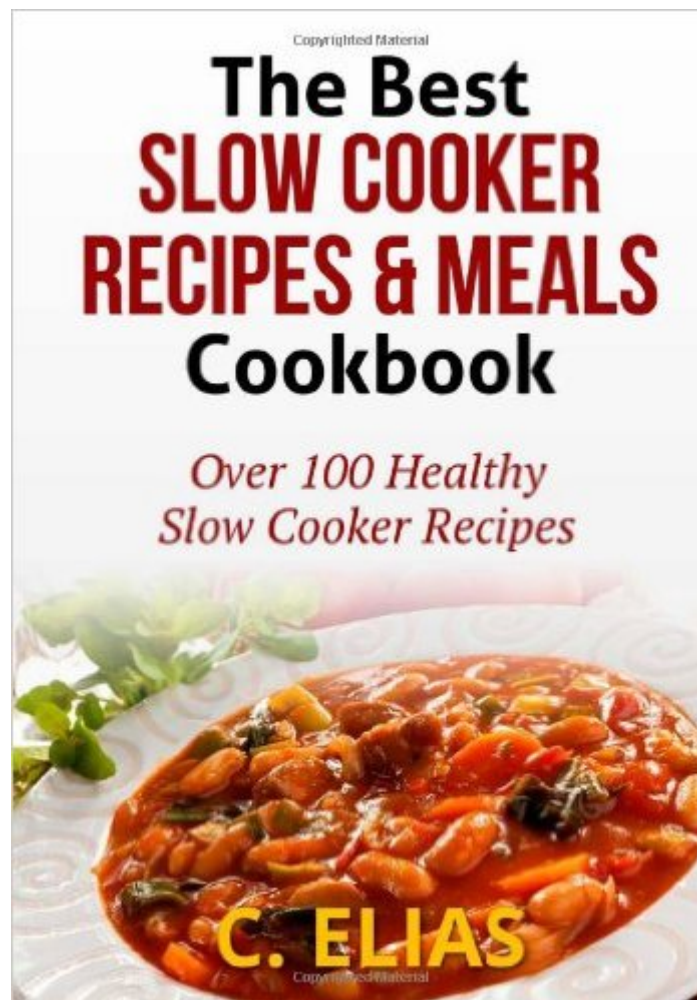


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# The Best Slow Cooker Recipes & Meals Cookbook: Over 100 Healthy Slow Cooker Recipes, Vegetarian Slow Cooker Recipes, Slow Cooker Chicken, Pot Roast ... Recipes, Slow Cooker Desserts And More!





## Synopsis

UPDATED Nov 2013. Now includes two quick mushroom and chicken soup recipes that can be used in some of the slow cooker recipes. This is a well-researched slow cooker cookbook with many fabulous recipes - a collection of over 100 popular international and online Slow cooker Recipes. Includes tips on slow cooker buying, pantry staples and tips for using your slow cooker (commonly referred to as a 'crock pot' which is a trademarked name). This book is one of the many popular slow cooker cookbook bestsellers. Just some of the reviews below: Top 50 Reviewer "The Best Slow Cooker Recipes & Meals Cookbook is a book that deserves to be in anyone's cookbook collection" Top 500 Reviewer "Recommend..."; "Love the cookbook...i have already made the jerk chicken. delicious.i can not wait to make another recipe""The thing I love most about this book are the simple recipes" and "extremely well organized into intuitive, easy-to-navigate sections." Recipes include: Vegetarian Slow Cooker Recipes, Slow Cooker Chicken, Pot Roast slow cooker Recipes, Beef Stew Slow Cooker, Beef Bourguignon, Beef Stroganoff Recipes, Slow Cooker Soups, Chili Recipes, Breakfast Casserole Recipes, Slow Cooker Desserts, & other Easy Slow Cooker Recipes. NB: The author would like to say that some recipes have cans of sauce or beans etc which are for the purpose of making the recipe fast and easy. However, if you want everything to be homemade then she suggests making chicken broth or soup (in the book) and freeze to use in the recipes - plan in advance and soak beans etc or buy organic premade sauces... However you wish to put your meals together, this is a slow cooker cookbook with healthy choices you will want to keep to hand in your kitchen!

## Book Information

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## Customer Reviews

If you love your crock pot as much as I do, or want to learn how to use a crock pot, you want to grab this book. Starting with the basics, the author walks you through the art of slow cooking. There's a section that lists the basic staples for crock pot cooking, health tips as well as tips on picking the right slow cooker for you. The thing I love most about this book are the simple recipes. The ingredients are items I keep in my pantry for the most part so there's no hunting in the aisles for essence of muskrat or something bizarre like that. One thing I noticed in the cookbook that I hadn't thought of trying is baked desserts. You can bet I'll be trying a few of those recipes. Recommended for beginning to moderate slow cooker chefs.

I received a free review copy of C Elias' book, *The Best Slow Cooker Recipes & Meals Cookbook*! I love this book! It was extremely well organized into intuitive, easy-to-navigate sections. The directions are easy to follow. Well written. My favorite quality of this book was the wide array of recipes that were included. There's a recipe that will work for any point in time, no matter what's in my refrigerator and pantry! There were lots of vegetarian-friendly slow cooker recipes and even a bunch of dessert recipes. I never thought to make desserts in a slow cooker! Genius! I can't wait to try those! I definitely recommend!

What a fantastic cookbook! I love that it was devoted solely to nothing but crockpot meals! From breakfast to late night snacks! Down here in San Antonio, TX it is just far too hot in the summer to use an oven. Wanting healthy foods.. we use our crockpot nearly every evening starting the beginning of May until sometime in October! As you can guess.. there are only so many "roasts" and stews one can eat without becoming bored with the same meal over and over. This little gem of a cookbook.. has so much variety! It introduced some recipes.. that I personally never would have thought of cooking in a crockpot before I read the recipe.. and realized.. DUH! Of course, it would work! We've even used our crockpot to make a crockpot version of fried chicken. And, YES.. yes, you can!

This cookbook is all about opening canned foods (beans and vegetables), using condensed soups, store bought sauces, packets of seasoning mixes (taco seasoning, Italian dressing mix packets, etc). Healthy to me is not using pre-packaged foods with chemicals and stabilizers in them. I also

don't think home made means I opened the can or tore open the packaged mix myself. I thought healthy and home made would have real, fresh food that I would cut up and cook in a crock pot. Very misleading title in my opinion. It will be deleted from my Kindle.

Author C. Elias has written a slow cooker cookbook that tells about how to select a slow cooker, tips for using the slow cooker and the advantages of using one to cook daily meals. In the author's cookbook *The Best Slow Cooker Recipes & Meals* cookbook you will find some of the following recipes: Turkey with Cranberry & Apple, Country Captain Chicken Breasts, Greek Style Chicken, Local Chicken. There is an active table of contents making navigation easy. Recommend.

There are some great recipes in this book but I think I have become spoiled. In this digital age, it is almost inexcusable to not include photographs. There is a great photo on the cover so why not some inside? This bitch aside the book has some terrific recipes that I plan to enjoy. The beginning even helps you plan on what type of slow cooker to get. Pick your cooker, recipe and get set to enjoy some delicious meals.

Good quantity of recipes to choose some and I will definitely be trying some. Love cooking in the slow cooker and this book shows me more than just main dishes and proteins. Will be trying Mac/Cheese and more.

Didn't anyone ever tell the author, Ms. Elias, that one cannot simply copy a recipe and change the title of it? Or did she buy the master resale rights? IMO, buy the master resale rights version of "470 Crock Pot Recipes" (currently only 42 cents) at [...]. You can get all the original typos there, minus some of Ms. Elias'. Also, you can get the "dirty pork" recipes that Ms. Elias left out, plus about 250 more. In my opinion, the author could have given clearer instructions for cooking with a slow cooker at the beginning of the book. BTW, there are at least two other "authors" with an ebook of "470 Crock Pot Recipes." Sad, isn't it?

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